

Original Research Article

Clinical Characteristics and Antimicrobial Susceptible Patterns of *Streptococcus dysgalactiae subsp. equisimilis* Isolates during 2009-2013 in Japan

Masaaki Minami^{1*}, Mamiko kuriyama¹, Yoshiko Ohshima¹, Ryoko Sakakibara², Taichi Imura², Hideo Morita², Naoto Kanemaki³ and Michio Ohta⁴

¹Department of Bacteriology, Nagoya City University, Graduate School of Medical Sciences, Nagoya, Japan

²Department of Clinical investigation, Daido hospital, Nagoya, Japan

³Department of Gastroenterology, Daido hospital, Nagoya, Japan

⁴School of Nursing, Sugiyama Jyogakuen University, Nagoya, Japan

*Corresponding author

A B S T R A C T

Streptococcus dysgalactiae subsp. equisimilis cause various infectious diseases from acute pharyngitis to streptococcal toxic shock syndrome. Though *Streptococcus dysgalactiae subsp. equisimilis* infection has been increasing recently, the comprehensive characteristic investigation of the *Streptococcus dysgalactiae subsp. equisimilis* isolated in medical institution has not been performed in Japan. In this study, we investigated the clinical characteristics and antimicrobial susceptible patterns of 134 *Streptococcus dysgalactiae subsp. equisimilis* isolated at single medical institution during 2009 – 2013 in Japan. There was no significant difference between genders in *Streptococcus dysgalactiae subsp. equisimilis*. Half of *Streptococcus dysgalactiae subsp. equisimilis* were from over age 60. The clinical department from which *Streptococcus dysgalactiae subsp. equisimilis* was isolated most was pediatrics. *Streptococcus dysgalactiae subsp. equisimilis* in this study were completely susceptible to β-lactam antibiotics. In *Streptococcus dysgalactiae subsp. equisimilis*, clarithromycin, clindamycin, and minocycline non-susceptible rates were approximately 37%, 23% and 25%, respectively. Nonsusceptible rate of ciprofloxacin against *Streptococcus dysgalactiae subsp. equisimilis* was about 55%. Our results suggest the need for continuous antimicrobial susceptibility survey of *Streptococcus dysgalactiae subsp. equisimilis*.

Keywords

Streptococcus dysgalactiae subsp. equisimilis, Clinical characteristics, antimicrobial susceptibility

Introduction

Most β -hemolytic streptococcus from human are identified as *Streptococcus pyogenes*, *Streptococcus agalactiae*, and *Streptococcus dysgalactiae* subsp. *equisimilius* (Facklam, 2002). In contrast to *Streptococcus pyogenes* and *Streptococcus agalactiae*, *Streptococcus dysgalactiae* subsp. *equisimilius* were long considered as commensal organisms that only rarely cause invasive infections as opportunistic pathogens (Brandt and Spellerberg, 2009). In 1996, *Streptococcus dysgalactiae* subsp. *equisimilius* was proposed to be a new streptococcal taxon (Vandamme *et al.*, 1996). It has also been reported to cause a wide variety of human infections such as pharyngitis, cellulitis, sepsis, meningitis, endocarditis, and streptococcal toxic shock syndrome (STSS) (Woo *et al.*, 2001; Hashikawa *et al.*, 2004).

Streptococcus dysgalactiae subsp. *equisimilius* possesses many virulence factors shared with *Streptococcus pyogenes*, such as M protein, streptolysin O, streptolysin S, streptokinase, and streptococcal inhibitor of complement lysis (Walter, 1989; Okumura, 1994; Schnizler, 1995; Humar, 2002; Minami, 2011). Although bacterial factors have been investigated precisely, little is known about the clinical characteristics of *Streptococcus dysgalactiae* subsp. *equisimilius* in Japan (Sunaoshi, 2010; Ichikawa, 2011). The present study was conducted to find out the clinical characteristics and antimicrobial susceptible patterns of *Streptococcus dysgalactiae* subsp. *equisimilius* isolated in Japan.

Materials and Methods

Strains and clinical data collection

A total of 134 *Streptococcus dysgalactiae* subsp. *equisimilius* isolates were obtained

from various clinical specimens at Daido Hospital in Japan from 2009 to 2013. We used medical records appended to clinical species for the analysis of clinical feature at Daido Hospital. We considered several isolates from the same region of the same patient as one isolate per one patient for the analysis in this study. All streptococci were identified by standard conventional biochemical methods or the VITEK2 system (bioMe'rieux, Durham NC, USA). Furthermore, we determined the identification of *Streptococcus dysgalactiae* subsp. *equisimilius* by 16S ribosomal RNA sequence methods (Woo *et al.*, 2001; Minami, 2011). Our experimental design was approved by the ethics committee at Daido hospital.

Antimicrobial susceptibility analysis

Streptococcus dysgalactiae subsp. *equisimilius* isolates were examined for 15 antibiotic susceptibilities as follows; piperacillin, amoxicillin, cefotiam, flomoxef, ceftazidime, ceftriaxone, panipenem, vancomycin, fosfomycin, minocycline, clarithromycin, clindamycin, amikacin, isepamicin, and ciprofloxacin. Antimicrobial susceptibility was determined by the disc diffusion technique (Kirby-Bauer method). These results were interpreted according to the Clinical Laboratory Standard Institute (CLSI) criteria (Clinical and Laboratory Standards Institute, 2014).

Statistical analysis of the data

We conducted the statistical analysis with the chi-squared test or Fisher's exact test when appropriate. Differences were considered significant when p was < 0.05 .

Results and Discussion

First of all, we evaluated the relationship between clinical patients' features and

Streptococcus dysgalactiae subsp.
equisimilius.

The number of *Streptococcus dysgalactiae* subsp. *equisimilius* isolates tended to increase with each passing year (Figure 1). The number of *Streptococcus dysgalactiae* subsp. *equisimilius* isolates in 2011 was about two times as same as that in 2009. The number of *Streptococcus dysgalactiae* subsp. *equisimilius* isolates in both 2012 and 2013 was about four times as same as that in 2009.

The total number of female patients was same as that of males for 5 years (Figure 1). Although the number of male patients was larger than that of female patients in 2011, the number of male patients was smaller than that of female patients in 2012. In short, there was no significant difference between genders in *Streptococcus dysgalactiae* subsp. *equisimilius*.

The age range was categorized every 10 years old except under one-year in figure 2. The number of 1–10 years patients was largest in this study ($p < 0.05$). The number of 10–60 years patients was low for 5 years. Totally, about Fifty-three percent of *Streptococcus dysgalactiae* subsp. *equisimilius* were isolated from patients of over 60 years.

The relationship between clinical department and *Streptococcus dysgalactiae* subsp. *equisimilius* revealed that pediatrics (35.1%) was the most frequent clinical department from five years ($p < 0.05$) (Figure 3). Approximate thirteen percent of *Streptococcus dysgalactiae* subsp. *equisimilius* were isolated from respiratory medicine and general medicine, respectively.

We also represent that the relationship between biological sources and

Streptococcus dysgalactiae subsp. *equisimilius* (Figure 4). The biological sources of *Streptococcus dysgalactiae* subsp. *equisimilius* isolated most was sputum (27%) for five years ($p < 0.05$). Twenty-one *Streptococcus dysgalactiae* subsp. *equisimilius* was isolated from nasal discharge in five years. Approximately nine percent of *Streptococcus dysgalactiae* subsp. *equisimilius* were isolated from blood, pharyngeal mucus, urine, and tonsil, respectively in five years. Twenty-three *Streptococcus dysgalactiae* subsp. *equisimilius* (17.1%) were isolated from aseptic site in five years. The number of *Streptococcus dysgalactiae* subsp. *equisimilius* isolates from sputum tended to increase with each passing year. The number of *Streptococcus dysgalactiae* subsp. *equisimilius* isolates from nasal discharge tended to increase after 2012.

Finally, we analyzed the antimicrobial susceptibility of *Streptococcus dysgalactiae* subsp. *equisimilius* in this study. All β -lactam, carbapenem and glycopeptide were susceptible against *Streptococcus dysgalactiae* subsp. *equisimilius*. However, all aminoglycosides such as amikacin and isepamicin were resistant against *Streptococcus dysgalactiae* subsp. *equisimilius*. Figure 5(A) showed the susceptibility of clarithromycin against *Streptococcus dysgalactiae* subsp. *equisimilius*. The highest non-susceptible rate of clarithromycin was about 52% in 2011 and the lowest non-susceptible rate of clarithromycin was about 23% in 2013. The total non-susceptible rate was about 37% for 5 years. Especially, the total resistant rate of clarithromycin was about 20% for 5 years. Figure 5(B) showed the susceptibility of clindamycin against *Streptococcus dysgalactiae* subsp. *equisimilius*. The highest non-susceptible rate of clindamycin was 30% in 2009 and the lowest non-

susceptible rate of clindamycin was 20% in 2012. The total non-susceptible rate was about 23% for 5 years. Especially, the total resistant rate of clarithromycin was about 19% for 5 years. Figure 5(C) showed the susceptibility of minocycline against *Streptococcus dysgalactiae* subsp. *equisimilius*. The highest non-susceptible rate of minocycline was 40% in 2009 and the lowest non-susceptible rate of minocycline was about 9% in 2013. The total non-susceptible rate was about 25% for 5 years. However, the total resistant rate of minocycline was about 7% for 5 years. Figure 5(D) showed the susceptibility of ciprofloxacin against *Streptococcus dysgalactiae* subsp. *equisimilius*. The highest non-susceptible rate of ciprofloxacin was 81% in 2011 and the lowest non-susceptible rate of ciprofloxacin was about 10% in 2009. The total non-susceptible rate was about 55% for 5 years. However, the total resistant rate of ciprofloxacin was about 12% for 5 years.

Although many previous studies represented the data of only invasive streptococcal diseases (Hashikawa *et al.*, 2004; Brandt and Spellerberg, 2009; Takahashi, 2010a; Takahashi, 2010b), the comprehensive analysis of recent *Streptococcus dysgalactiae* subsp. *equisimilius* in Japanese general hospital have been seldom performed (Sunaoshi, 2010; Ichikawa, 2011). In this study, we described the clinical characteristics and antimicrobial susceptible patterns of all *Streptococcus dysgalactiae* subsp. *equisimilius* isolated from general hospital in Japan among recent 5 years. Although we have little interest of *Streptococcus dysgalactiae* subsp. *equisimilius* as compared with *Streptococcus pyogenes* and *Streptococcus agalactiae* before, this study may imply that *Streptococcus dysgalactiae* subsp. *equisimilius* will increase gradually from now on.

With respect to gender group, the number of isolation in female patients was same as that in male patients. This result is almost consistent with previous report (Ichikawa, 2011). We clarified *Streptococcus dysgalactiae* subsp. *equisimilius* with age distribution. Young patients under 10-years frequently caused *Streptococcus dysgalactiae* subsp. *equisimilius* infection. *Streptococcus dysgalactiae* subsp. *equisimilius* was hardly isolated from patients ranging from 20 to 60 years. However, the large numbers of *Streptococcus dysgalactiae* subsp. *equisimilius* were isolated from over 60s-patients. Previous report also showed that elder people were infected with severe *Streptococcus dysgalactiae* subsp. *equisimilius* more often (Takahashi, 2010a; Ichikawa, 2011). Some studies revealed that more *Streptococcus dysgalactiae* subsp. *equisimilius* recently caused invasive infection (Hashikawa *et al.*, 2004; Brandt and Spellerberg, 2009; Takahashi, 2010a; Takahashi, 2010b). This hypothesis may be supported by the fact that 13 (about 10%) *Streptococcus dysgalactiae* subsp. *equisimilius* was isolated from blood sample in our studies. Although we did not confirmed streptococcal toxic shock syndrome cases in this study, the number of streptococcal toxic shock syndrome caused by *Streptococcus dysgalactiae* subsp. *equisimilius* may be increasing. In the analysis of clinical departments, the department where most patients with *Streptococcus dysgalactiae* subsp. *equisimilius* was detected, were pediatrics. Acute pharyngitis and tonsillitis are usually popular as pediatric or otolaryngology diseases. Although *Streptococcus pyogenes* is the main pathogenic bacteria which cause pharyngitis and tonsillitis (Caparon, 2001) and the number of *Streptococcus dysgalactiae* subsp. *equisimilius* causing pharyngitis and tonsillitis may also be increasing.

Figure.1 Gender distribution of *Streptococcus dysgalactiae* subsp. *equisimilius*



Figure.2 Age distribution of *Streptococcus dysgalactiae* subsp. *equisimilius*

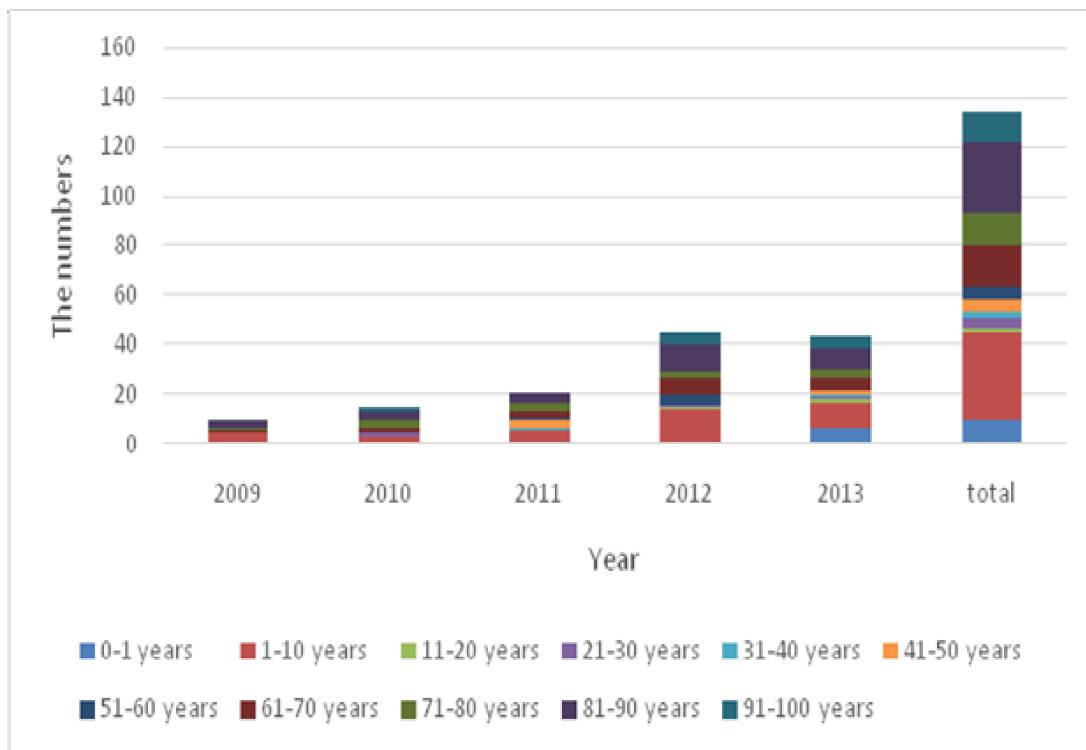


Figure.3 Biological source distribution of *Streptococcus dysgalactiae* subsp. *equisimilis*

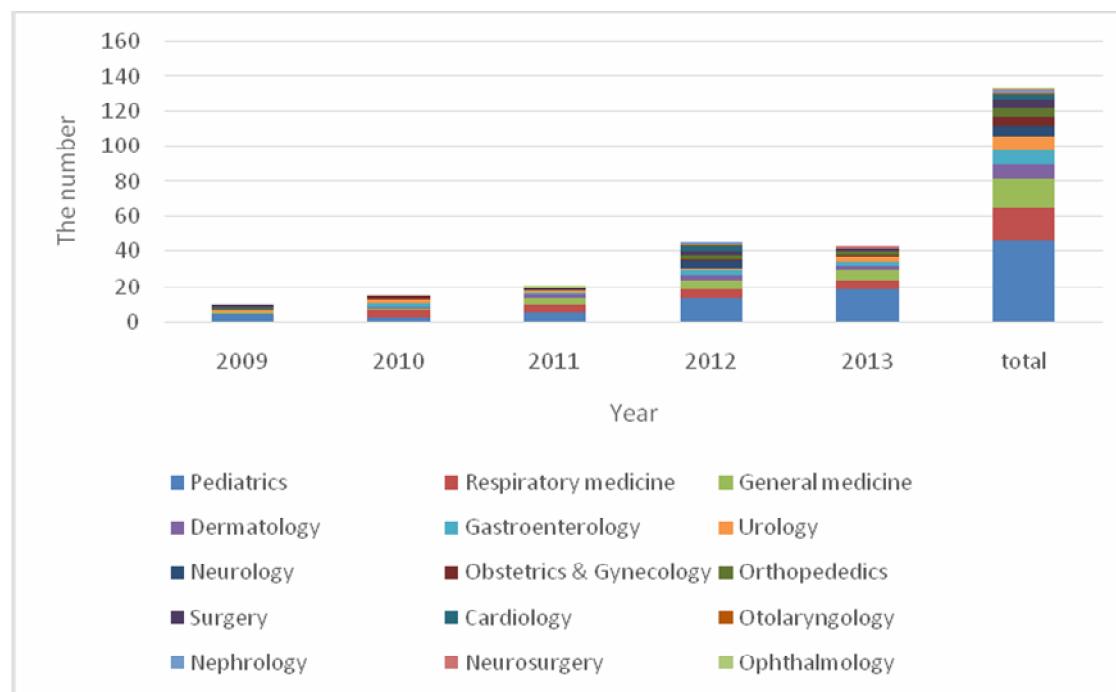


Figure.4 Clinical department distribution of *Streptococcus dysgalactiae* subsp. *equisimilis*

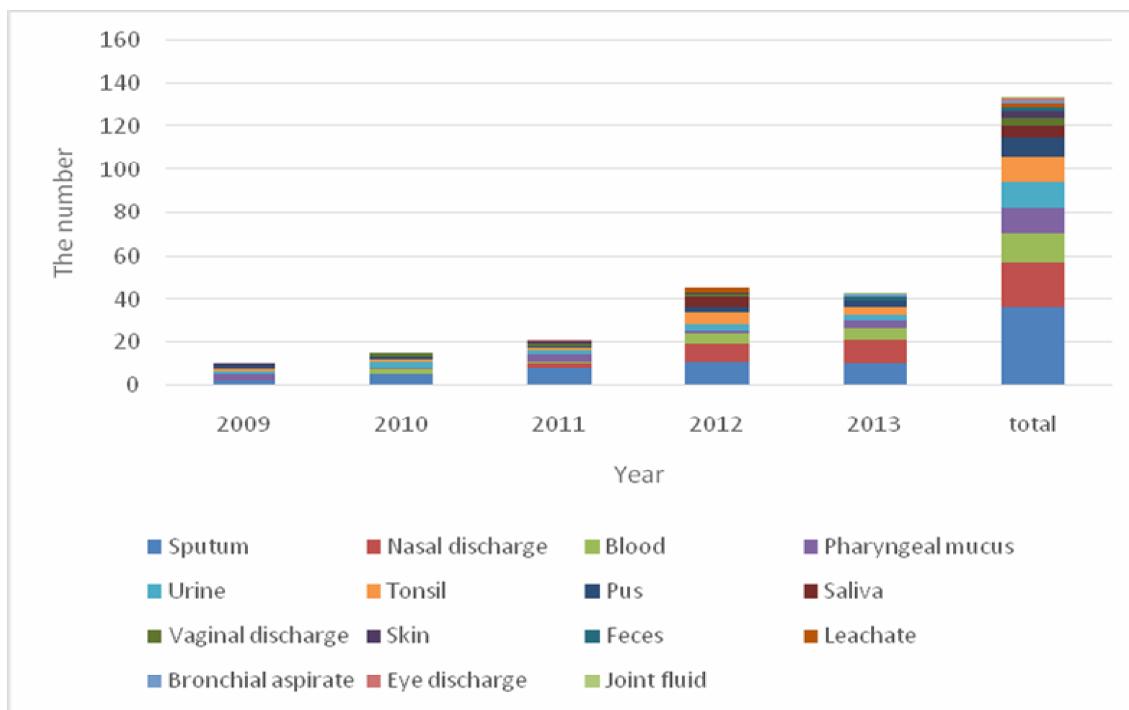
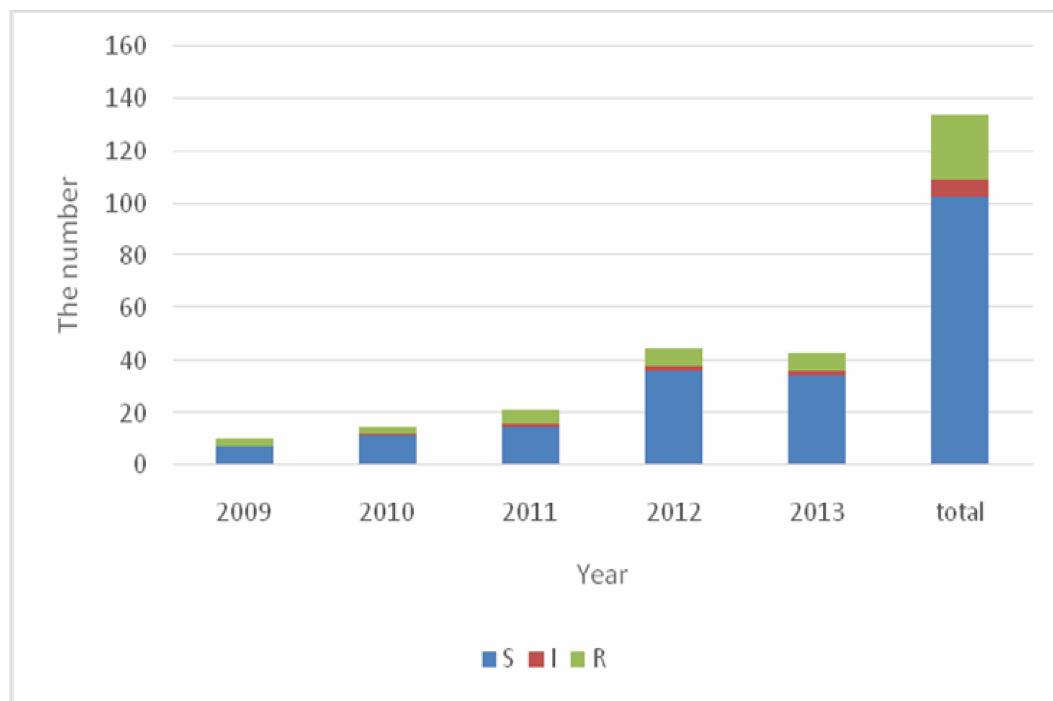
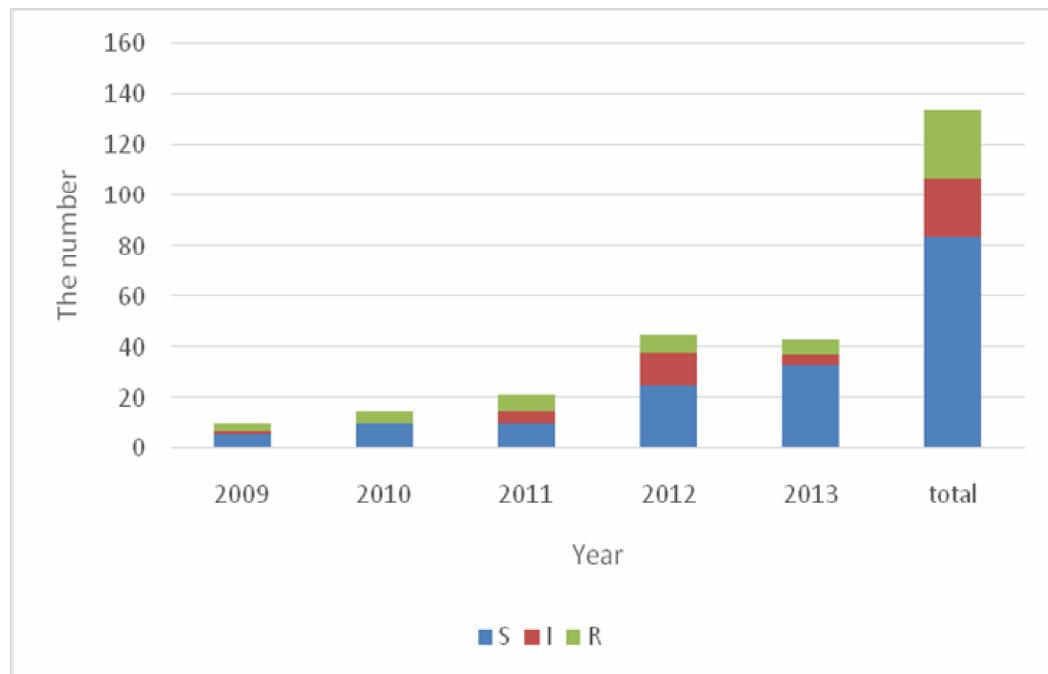
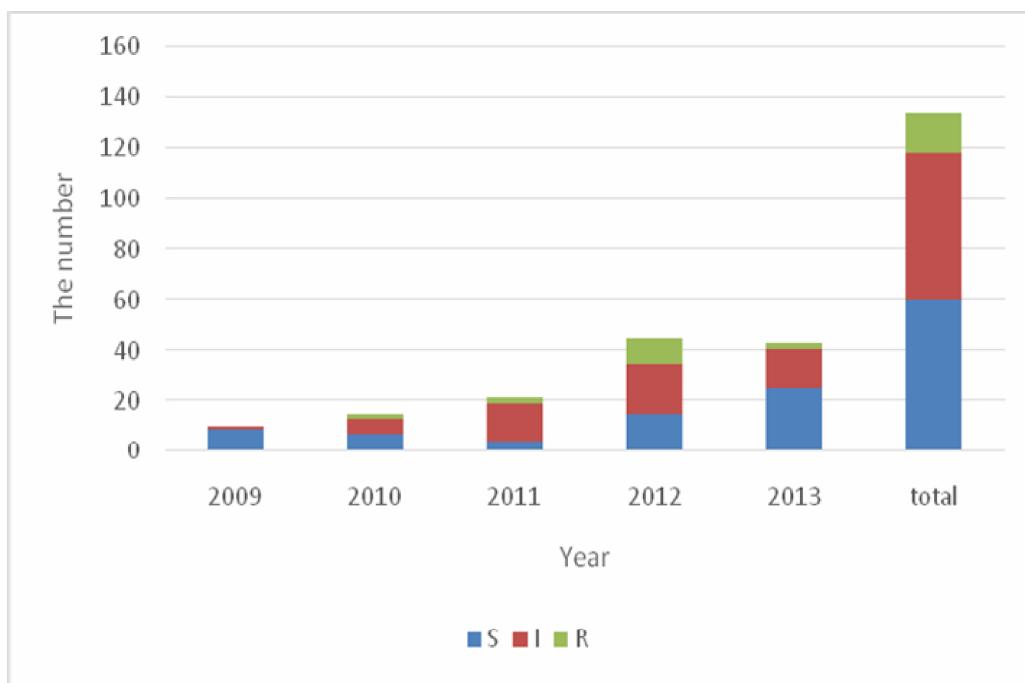
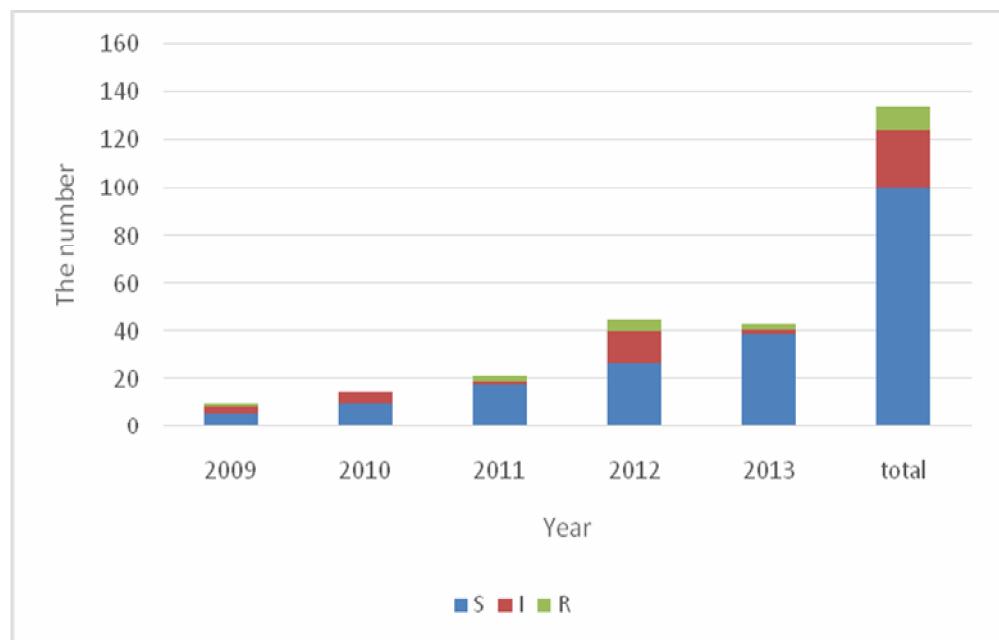


Figure.5 Antimicrobial susceptibility of *Streptococcus dysgalactiae* subsp. *equisimilis* 5(A): Clarithromycin, 5(B): Clindamycin, 5(C): Minocycline, 5(D): Ciprofloxacin. S: sensitive, I: intermediate, R: resistant.





Except pediatrics, *Streptococcus dysgalactiae* subsp. *equisimilius* frequently was isolated from respiratory medicine and general medicine. This may be the reason why elder people often consult those departments because of respiratory

symptom. Most biological sources of *Streptococcus dysgalactiae* subsp. *equisimilius* were strongly related with the result of clinical department. Especially, the large number of *Streptococcus dysgalactiae* subsp. *equisimilius* was obtained from

respiratory system as follows; sputum, nasal discharge, pharyngeal mucus and tonsil in our studies. This result may also support that *Streptococcus dysgalactiae* subsp. *equisimilius* possesses the characteristics of air-infectious pathogen. Antimicrobial susceptible analysis of *Streptococcus dysgalactiae* subsp. *equisimilius* revealed that fluoroquinolone was no longer significant effective. Because ciprofloxacin non-susceptible rate of *Streptococcus dysgalactiae* subsp. *equisimilius* was over 50% in our studies. As fluoroquinolone has been widely used genitourinary disease, digestive disease and respiratory disease (Davis, 1994). We assume that the change of fluoroquinolone resistance among *Streptococcus dysgalactiae* subsp. *equisimilius* spread worldwide in future. The total macrolide non-susceptible rate of *Streptococcus dysgalactiae* subsp. *equisimilius* was about 40% in our study. Previous report showed that the macrolide non-susceptible rates of *Streptococcus dysgalactiae* subsp. *equisimilius* were about 30% (Ichikawa, 2011). Recently clarithromycin and azithromycin have been used frequently against respiratory tract infectious disease and the emergence of macrolide-resistant *Streptococcus pneumoniae* has increased (Ubukata, 2003; Minami, 2014). This fact may apply to *Streptococcus dysgalactiae* subsp. *equisimilius* cases from our results. Thus, we need further antimicrobial surveillance to prevent the spread of macrolide resistant *Streptococcus dysgalactiae* subsp. *equisimilius*. However, the total lincosamide and tetracycline non-susceptible rate of *Streptococcus dysgalactiae* subsp. *equisimilius* ranged from 23 to 25 % in our study. Previous report showed that the lincosamide and tetracycline non-susceptible rates of *Streptococcus dysgalactiae* subsp. *equisimilius* were about 20% and 50%, respectively (Ichikawa, 2011). Compared to

ciprofloxacin and clarithromycin, clindamycin and minocycline may be effective against *Streptococcus dysgalactiae* subsp. *equisimilius* for a short while. From these views, we considered the further necessity of the analysis of *Streptococcus dysgalactiae* subsp. *equisimilius* strains.

In summary, we clarified the characteristics of *Streptococcus dysgalactiae* subsp. *equisimilius* in mid-Japan. Our data suggest that we need pay attention to the emergence of antimicrobial-resistant *Streptococcus dysgalactiae* subsp. *equisimilius* hereafter.

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